



The meaning of 'Tamara'

is from a union of cultures.

In Sanskrit it shapes an impression of flavourful 'Spices', whilst
in Tamil it is a reference to the peaceful 'Lotus' flower.

However, the most fitting interpretation derives from
Gujarati, meaning 'Yours',
a place for your comfort and relaxation.

We are here to
ensure your satisfaction and
make your experience with us unforgettable.





Appetisers

VEGETARIAN

Indian Menu

GARLIC MOGO) Fresh cassava tossed with fresh garlic and chilli	6.50
PAANI PURI WITH VODKA SHOT) PAANI PURI WITHOUT VODKA) Puffed wheat crisps served with potatoes, chick peas cumin and tamarind water	8.50 5.95
MASALA MOGO Fried cassava sautéed with garlic, tomato sauce and spices	6.75
POTATO BHAJIA Potato roundels dipped in gram flour batter and fried golden crisp	5.95
ALOO MOTI TIKKA Stuffed potato marinated with yoghurt, herbs and spices, cooked in Tandoor	6.95
ALOO PAPRI CHAAT Crunchy wafers garnished with potatoes, chickpeas and tam- arind chutney	5.95
CHILLI PANEER)) Cottage cheese cubes deep fried and tossed in a hot wok with mixed spices	7.50
ACHARI PANEER TIKKA Cottage cheese cubes marinated with yoghurt, flavoured with pickling spices. Skewered with onions and mixed pep- pers, cooked in Tandoor	7.95
GARLIC MUSHROOM Spicy mushrooms and baby corn	6.95
SPINACH CAKE Spinach, potato, comfort cream cheese, ginger, coriander, dry roasted cumin cakes, lighty battered and pan fried	6.95
SAMOSAS CHAAT Punjabi samosa with chana, yoghurt chutney and tamarind chutney	5.95
ROASTED BAIGAN STEAK Roasted slices of aubergine stuffed with cottage cheese mari- nated in aromatic spices	7.95
VEGETARIAN PLATTER An assortment of vegetable samosas, spinach tick, paneer tikka, potato bhajia & garlic mogo	11.95

) Hot dishes)) Extra Hot dishes

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Appetisers

CHICKEN

CHILLI CHICKEN)) 7.95
Diced chicken sautéed with spices, red and green peppers

FRIED CHILLI CHICKEN WINGS)) 7.95
Chicken wings marinated in garlic and ginger paste, chillies, then deep fried

HARIYALI CHICKEN 7.95
Tender chicken breast marinated with yoghurt, coriander, mint and green chillies, cooked in Tandoor

MULTANI CHICKEN TIKKA 7.95
Juicy chicken breast marinated with fennel, cream, cheese and crushed garlic, cooked in Tandoor

TANDOORI CHICKEN WINGS 7.95
Tender chicken wings marinated with yoghurt, garlic and ginger paste, mustard paste, spices, cooked in Tandoor

TANDOORI CHICKEN Half 8.95 Whole 14.95
Chicken on the bone marinated with spices and yoghurt, cooked in Tandoor

TAMARA MIXED GRILL 17.50
Tandoori prawns, chicken wings, lamb chops, chicken tikka, hari-yali chicken & lamb sheekh kebab

LAMB

SHEEKH KEBAB 8.50
Traditional Mughal minced meat with herbs and spices, cooked in Tandoor

CRISPY CHILLI LAMB) 8.95
Lamb pieces mixed with corn flour, spices, fresh peppers and spring onions

LAMB MUSHKAKI 9.95
Lamb fillet marinated with green chillies, crushed black pepper, ginger and garlic paste, cooked in Tandoor

LAMB CHOPS 9.95
Juicy baby lamb chops marinated with hot Indian spices, raw papaya and yoghurt, cooked in Tandoor

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SEAFOOD

CHILLI AND GARLIC FISH) Battered fried pieces of tilapia tossed with peppers, chillies and sprinkled with spring onion	8.50
AMRITSARI FISH) Battered fried tilapia with gram flour, ajwain and chillies	7.95
AJWAINI FISH TIKKA Tilapia fish marinated with yoghurt, ginger and garlic paste, ajwani seeds, cooked in Tandoor	8.95
TAWA FISH Pan toasted tilapia fish fillet finished with soy sauce, chopped coriander and spring onions	8.95
TANDOORI PRAWNS King prawns marinated with yoghurt, saffron, freshly ground spices, cooked in Tandoor	14.95
GOLDEN FRIED PRAWNS) Lightly battered prawns with kashmiri red chillies, rice flour and ginger garlic paste	10.95

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Main Course

VEGETARIAN

KADAI PANEER Indian cottage cheese cooked with peppers in a onion and tomato masala	7.95
CHANA MASALA White kabouli chana cooked in spicy curry sauce	7.50
BHINDI MASALA Okra and shallots cooked in tomato and fresh spices	7.50
BOMBAY ALOO Potatoes cooked with jeera & an onion tomato masala	7.95
MALAI KOFTA Mixed potatoes and cottage cheese dumplings cooked in onion and cashew nut gravy (N)	7.95
PANEER BUTTER MASALA Cubes of cottage cheese cooked in onion and tomato based gravy	7.95
PALAK PANEER Cubes of cottage cheese marinated with fresh spinach puree, cooked with spices	7.95
METHI CORN Sweet corn pods cooked in spices, onions and tomatoes with fenu-greek leaves, finished with cream	7.50
BHAIGAN BHARTA Smoked egg plant pulp, sautéed with chopped onions, ginger, garlic, green chillies and fresh ground spices	7.95
VEGETABLE KOLHAPURI Mixed vegetables served in a traditional Kolhapuri masala	7.50
TADKA DAAL Yellow lentils tempered with garlic, cumin, onion and fresh tomatoes	7.50
NAWABI DAAL Black lentils slow cooked overnight and lightly spiced	7.50

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CHICKEN

DHABA CHICKEN 8.95
Homestyle chicken breast cooked with onions and tomatoes in a tangy sauce

CHICKEN MADRAS 9.50
Tender chicken pieces cooked with onions, ginger and garlic, finished with ground spices

CHICKEN TIKKA MASALA 8.50
Chicken cooked with chopped onions, tomatoes and fenu-greek

BUTTER CHICKEN 8.95
Chicken cooked in a smooth sauce of tomatoes with spices, finished with cream

SAAG CHICKEN 8.95
Succulent chicken cooked with spices condiments and finished with baby spinach

KADAI CHICKEN) 8.95
Chicken breast cooked with spices, in a tomato sauce with onions and peppers

CHICKEN KORMA 8.95
Chicken breast cooked in a creamy mild coconut sauce with fragrant spices cashew nuts and almonds (N)

LAMB

LAMB PEPPER MASALA 9.50
Lamb cubes wrapped in a thick sauce of black peppercorns, chopped onions and tomatoes

GOSHT KA SAAG 9.95
Baby lamb cooked in spinach and green herbs

LAMB KEEMA MUTTER) 9.95
Minced lamb cooked with chopped onions, garlic, ginger, garden peas, green chillies and finely ground spice

PUNJABI LAMB CURRY 9.95
Lamb cooked with spices and kashmiri chillies, in a thin gravy.

KADAI LAMB) 9.95
Lamb cooked with spices, in a tomato sauce with onions and peppers

LAMB ROGAN JOSH) 9.50
Aromatic pieces of lamb cooked in a gravy flavoured with garlic, ginger and aromatic spices

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SEAFOOD

GOAN FISH CURRY 10.95
Tilapia fish cooked in authentic Goan spices with coconut milk

BHUNA FISH MASALA 10.95
Tilapia fillet cooked with peppers, onions, tomatoes and spices

MEEN KULAMBU 11.95
A village style fish curry combined with a perfect combination of tamarind, spices and tomato

PRAWN LABABDAR 14.95
King prawns cooked with onions, cashew nuts and tomatoes, in a thick gravy (N)

Biryani

Mughlai influenced style of making biryani using lemon, saffron, yoghurt, basmati rice, coriander and fried onions. Cucumber raita is served as an accompaniment.

Choose from:

MIXED VEGETABLE 8.95
CHICKEN 9.95
LAMB 10.50

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Accompaniments

NAAN / BREAD

TANDOORI ROTI	2.50
PLAIN NAAN	2.75
BUTTER NAAN	2.75
GARLIC NAAN	3.25
CHILLI NAAN))	3.25
CHEESE NAAN	3.50
PESHWARI NAAN (N)	3.95
CHEESE NAAN	3.50
KEEMA NAAN	4.50
PARATHA	3.95
ALOO PARATHA	3.95

RICE

PLAIN RICE	3.50
JEERA RICE	3.95
PULAO RICE	3.95

SIDES / SALADS

FRIED/ROASTED PAPAD	0.95
Served with home made chutneys (N)	
MASALA PAPAD	1.50
MIXED SALAD	2.95
PUNJABI SALAD	3.95
MASALA CHIPS	3.95
POTATO CHIPS	3.50
RAITA	2.95
PLAIN YOGHURT	2.50

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Appetisers

VEGETARIAN

Chinese Menu

PRAWN CRACKERS 2.95

VEGETABLE SPRING ROLLS 4.50
Fresh vegetables rolled in filo pastry and deep fried

SPICY CHILLI TOFU 5.95
Deep fried bean curd sautéed with salt, pepper, fresh chilli and garlic

GRILLED VEGETABLE DUMPLINGS 5.95
Dumplings stuffed with mixed vegetables, grilled to finish

SPICY CHILLI BROCCOLI) 6.50
Deep fried broccoli sautéed with salt, pepper, fresh chilli and garlic

SOUP

SWEET CORN SOUP
A thick soup served with your choice of accompaniment:
TOFU (V) 4.95
SHREDDED CHICKEN 5.95
KING PRAWNS 7.50

TOM YUM SOUP
Served with your choice of accompaniment:
TOFU (V) 4.95
SHREDDED CHICKEN 5.95
KING PRAWNS 7.50

WONTON SOUP 7.50
Chicken and prawns, served in a clear soup

CRISPY AROMATIC DUCK
Shredded duck served with spring onions, hoisin sauce and pancakes (Non Halal)
Quarter 9.95
Half 18.95
Whole 30.95

NON-VEGETARIAN

GRILLED CHICKEN DUMPLINGS 6.95
Dumplings with chicken and mixed vegetables, grilled to finish

SMOKED SHREDDED CHICKEN 6.95
Lightly battered shredded chicken sautéed with salt, pepper, fresh chilli and spring onion

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NON-VEGETARIAN

BARBECUE SPARE RIBS 8.95
Deep fried spare ribs cooked in barbecue sauce (Non Halal)

SPICY CHILLI RIBS) 8.50
Deep fried pork spare ribs sautéed with salt, pepper, fresh chilli and garlic (Non Halal)

CHICKEN SATAY 6.95
Skewered, marinated chicken served with peanut sauce (N)

BUTTERFLY KING PRAWNS 10.50
Japanese style deep fried king prawns with bread crumbs.

SPICY CHILLI SQUID 10.50
Deep fried squid sautéed with salt, pepper, fresh chilli and spring onion

SPICY CHILLI KING PRAWNS) 10.50
Deep fried king prawns sautéed with salt, pepper, fresh chilli and spring onion

Main Course VEGETARIAN

MIXED VEGETABLES IN GARLIC SAUCE 7.50
Stir fried mixed vegetables, flavoured with garlic sauce

BEAN CURD IN BLACK BEAN SAUCE 7.95
Stir fried bean curd cooked with black bean sauce, served on a sizzler

SEA SPICE AUBERGINE) 7.50
Stir fried aubergine cooked in a spicy chilli sauce

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NON-VEGETARIAN

CHICKEN IN BLACK BEAN SAUCE Chicken breast stir fried with peppers and onions in a black bean sauce, served on a sizzler	8.95
CHICKEN IN GINGER & SPRING ONION SAUCE Chicken breast stir fried with ginger and spring onion, served on a sizzler	8.95
SWEET AND SOUR CHICKEN Chicken breast stir fried with pineapple and peppers, served in a sweet & sour sauce	8.95
STIR FRIED LAMB WITH SATAY SAUCE Lamb stir fried with spring onions and malaysian satay sauce.	8.95
SAMBAL CHICKEN Chicken breast stir fried with a variety of minced chilli peppers and onions	9.50
SWEET AND SOUR KING PRAWNS King prawns stir fried with pineapple and peppers. Served in a sweet and sour sauce	11.95
KING PRAWNS IN BLACK PEPPER SAUCE) King prawns stir fried with peppers and onions in a black pepper sauce, served on a sizzler	11.95
KING PRAWNS IN GINGER & SPRING ONION SAUCE King prawns stir fried with ginger and spring onion, served on a sizzler	11.95
KING PRAWNS IN SPICY CHILLI SAUCE King prawns stir fried in a sweet and spicy chilli sauce, served on	11.95
SQUID IN BLACK BEAN SAUCE Squid stir fried with peppers and onions in a black bean sauce, served on a sizzler	12.95
SQUID IN GINGER & SPRING ONION SAUCE Squid stir fried with ginger and spring onion, served on a sizzler	12.95
SQUID IN SPICY CHILLI SAUCE) Squid stir fried in a sweet and spicy chilli sauce, served on a sizzler	12.95

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Rice

SPECIAL CHOW MEIN Stir fried noodles with prawns and shredded chicken in soy sauce	8.95
SINGAPORE NOODLES Stir fried rice vermicelli with prawns and shredded chicken in curry powder	8.95
PAD THAI PRAWN Stir fried rice noodles with eggs, prawns and chilli	12.95
VEGETARIAN CHOW MEIN Stir fried noodles with mixed vegetables in soy sauce.	6.95
VEGETARIAN SINGAPORE NOODLES (V) Stir fried rice vermicelli with mixed vegetables in curry powder.	6.95
EGG FRIED RICE Steamed rice stir fried with eggs	4.95
SPECIAL FRIED RICE Steamed rice stir fried with prawns, shredded chicken and pork	8.95
SINGAPORE FRIED RICE Steamed rice stir fried with prawns and shredded chicken	8.95
MALAYSIAN STYLE NASI GORENG Steamed rice stir fried with prawns in a special chilli sauce	12.95

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